EMLA CREAM

EMLA CREAM is a topical anesthetic. In other words, it is a cream that numbs the skin and decreases the sensation of pain.

Reason for use:

- To lessen the discomfort from the medical procedure.

How to use:

- EMLA Cream must be applied 1-2 hours before the procedure; to the area that will be used for testing.
- Before applying the EMLA Cream, wash the area with warm soapy water and a wash cloth. Rub the skin gently for a few minutes with the wash cloth to remove all dirt and oil from the skin.
- The cream should be applied very thick (about % inch thick) to the site of the testing. You need to apply the cream to the skin about one inch below the top of the shoulder to about a % inch above the elbow on the left arm if possible. **DO NOT APPLY CREAM BELOW THE ELBOW**
- Cover the area with saran-wrap being careful not to press on the cream in order for the cream to remain thick.
- Secure the edges of saran-wrap with tape to avoid leakage.