

Please read each question below carefully. To answer a question, select **ONE** of the numbers that is listed for that question, and draw a **CIRCLE** around it like this: **10%** or **1**.

A	Over the PAST WEEK, how much has your tinnitus interfered with...	<i>Did not interfere</i>											<i>Completely interfered</i>
	13. Your ability to HEAR CLEARLY?	0	1	2	3	4	5	6	7	8	9	10	
	14. Your ability to UNDERSTAND PEOPLE who are talking?	0	1	2	3	4	5	6	7	8	9	10	
	15. Your ability to FOLLOW CONVERSATIONS in a group or at meetings?	0	1	2	3	4	5	6	7	8	9	10	
R	Over the PAST WEEK, how much has your tinnitus interfered with...	<i>Did not interfere</i>											<i>Completely interfered</i>
	16. Your QUIET RESTING ACTIVITIES?	0	1	2	3	4	5	6	7	8	9	10	
	17. Your ability to RELAX?	0	1	2	3	4	5	6	7	8	9	10	
	18. Your ability to enjoy "PEACE AND QUIET"?	0	1	2	3	4	5	6	7	8	9	10	
Q	Over the PAST WEEK, how much has your tinnitus interfered with...	<i>Did not interfere</i>											<i>Completely interfered</i>
	19. Your enjoyment of SOCIAL ACTIVITIES?	0	1	2	3	4	5	6	7	8	9	10	
	20. Your ENJOYMENT OF LIFE?	0	1	2	3	4	5	6	7	8	9	10	
	21. Your RELATIONSHIPS with family, friends and other people?	0	1	2	3	4	5	6	7	8	9	10	
	22. How often did your tinnitus cause you to have difficulty performing your WORK OR OTHER TASKS, such as home maintenance, school work, or caring for children or others? <i>Never had difficulty</i> ▶ 0 1 2 3 4 5 6 7 8 9 10 ◀ <i>Always had difficulty</i>												
E	Over the PAST WEEK...												
	23. How ANXIOUS or WORRIED has your tinnitus made you feel? <i>Not at all anxious or worried</i> ▶ 0 1 2 3 4 5 6 7 8 9 10 ◀ <i>Extremely anxious or worried</i>												
	24. How BOTHERED or UPSET have you been because of your tinnitus? <i>Not at all bothered or upset</i> ▶ 0 1 2 3 4 5 6 7 8 9 10 ◀ <i>Extremely bothered or upset</i>												
	25. How DEPRESSED were you because of your tinnitus? <i>Not at all depressed</i> ▶ 0 1 2 3 4 5 6 7 8 9 10 ◀ <i>Extremely depressed</i>												