

<b>B</b>	<b>I</b>	<b>N</b>	<b>G</b>	<b>O</b>
<p>Read a Book</p> 	<p>Pre-Writing Activity</p> 	<p>Parents' Choice</p> 	<p>Make Your Bed</p> 	<p>Go for a walk</p> 
<p>Cosmic Yoga - YouTube</p> 	<p>Build something</p> 	<p>Sensory Activity</p> 	<p>Call/Facetime Someone</p> 	<p>Cook something</p> 
<p>Coloring</p> 	<p>Clean Tables</p> 	<p><b>FREE</b></p>	<p>Sorting Silverware</p> 	<p>Do a Puzzle</p> 
<p>Play Dress – Up</p> 	<p>Dancing</p> 	<p>Cutting</p> 	<p>Play a Game</p> 	<p>Dress Yourself</p> 
<p>Kids Choice</p> 	<p>Play-Doh</p> 	<p>Put Clothes Away</p> 	<p>Count to 10</p> 	<p>Painting</p> 

**Check off tasks as you complete them and write the date.**